

Here is the revised fall sports tryout/practice schedule for Golf, Swimming & Diving, and Cross Country.

Please remember that in order to try out for an athletic team, students must be registered on FamilyID and have a current physical on file.

<https://www.familyid.com/organizations/the-first-academy>

This information can also be found on TFA's website on the Athletics Upper and Middle School pages. If you have questions about FamilyID, please contact Trey Tyler at treytyler@thefirstacademy.org

Every student will be required to have a temperature check daily before any athletics participation

Every student will be required to fill out a daily COVID-19 Questionnaire before any athletics participation

Golf

Boys 6th – 12th grade

Location: Falcon's Fire Country Club, 3200 Seralago Blvd, Kissimmee, FL 34746

- Monday, August 24th & 25th OR August 31st & September 1st
- Tee times will start at 3:30 each day (You must have a tee time to tryout)
- Two nine hole matches: Choose 1 set of dates
 - August 25th and 26th
 - August 31st and Sept 1st

Please contact Coach Rosado if you have any questions and to set up a tee time robinrosado@thefirstacademy.org

Girls 6th – 12th grade

Location: Falcon's Fire Country Club, 3200 Seralago Blvd, Kissimmee, FL 34746

Monday, August 31st at 3:30 tryout/qualifier round

Please contact Coach Chris Bateman to set up a tee time for 8/31 and if you have any questions about girls golf cbatemangolf@embarqmail.com

Swimming & Diving

Boys and Girls 6th – 12th grade

- Location: SouthWest Aquatics, 205 Windermere Rd, Winter Garden, FL 34787
- State Date: 8/24
- Practices are every morning (Monday - Friday) from 5:30am - 7:00am
- There are outdoor showers and locker room space to change after practice
- Only swimmers and coaches are allowed on the swim deck. Parents will need to wait in their car.

Please contact Coach Elizabeth White if you have any questions about swimming.

elizabethwhite@thefirstacademy.org

Cross Country

Varsity Boys & Girls 9th - 12th

Location: Cramer Family Field House / Brief meeting to set up practice schedule

Date and Time: 8/25 from 3:00pm - 3:30pm

Middle School Boys & Girls 6th - 8th

Location: Cramer Family Field House / Brief meeting to set up practice schedule

Date and Time: 8/25 from 3:00pm - 3:30pm

Anyone interested in Varsity or Middle School Cross Country, please contact Chad Hudson at chadhudson@thefirstacademy.org. More details on how practice will be structured will be shared once the team is formed.

Girls Volleyball

Grades 6th - 12th

Location: Cramer Family Field House

Must have all paperwork completed to participate in optional workouts and tryouts

Off season conditioning dates (**Optional**):

- Tuesday 8/25 - 3:30pm - 5:00pm
- Thursday 8/27 - 3:30pm - 5:00pm
- Friday 8/28 - 3:30pm - 5:00pm

Official Tryouts (**Mandatory**):

- JV and Varsity Tryouts
 - Tuesday 9/1 - 3:15pm - 5:30pm
 - Wednesday 9/2 - 3:15pm - 5:30pm (teams set)
- Middle School Tryouts
 - Thursday 9/3 - 3:15pm - 5:00pm
 - Friday 9/4 - 3:15pm - 5:00pm (team set)

Official Practice for JV and Varsity (**Mandatory**):

- Thursday 9/3 - 5:00pm - 7:00pm
- Friday 9/4 - 5:00pm - 7:00pm

If you are a Middle School student that is interested in trying out for JV or Varsity, please contact Coach Schinzing ahead of time. If you do not make JV or Varsity, you will still be able to play on the Middle School team.

Please contact Coach Schinzing if you have any questions about girls volleyball at amberschinzing@thefirstacademy.org

Girls Sideline Cheerleading

Location: Natalie Thomas Gym

Must have all paperwork completed to participate in Cheerleading

If you are a new student in grades 6th - 11th and are interested in trying out for sideline cheerleading, please contact Coach Megan Yates at MeganYates@thefirstacademy.org by Tuesday, August 25th.

Start Dates (**Mandatory**):

- Tuesday 9/1 - New student tryout, please communicate with Coach Yates for a scheduled time (current team members do not need to attend)
- Thursday 9/3 - 3:00 - 5:30pm (First JV & Varsity cheer practice)

Varsity Football

Varsity (Grades 9th - 12th)

Location: Payne Stewart Athletic Complex

Must have all paperwork completed to participate in optional workouts and tryouts

If you are interested in Football, please email Head Coach Leroy Kinard at LeroyKinard@thefirstacademy.org

Off season conditioning dates (**Optional**):

- Tuesday 8/25 - 3:15pm - 4:30pm
- Wednesday 8/26 - 3:15pm - 4:30pm
- Thursday 8/27 - 3:15pm - 4:30pm
- Monday 8/31 - 3:15pm - 4:30pm
- Tuesday 9/1 - 3:15pm - 4:30pm
- Wednesday 9/2 - 3:15pm - 4:30pm
- Thursday 9/3 - 3:15pm - 4:30pm

Official Practice (**Mandatory**):

- Monday 9/14 - 3:15pm - 6:00pm

- Tuesday 9/15 - 3:15pm - 6:00pm
- Wednesday 9/16 - 3:15pm - 5:30pm
- Thursday 9/17 - 3:15pm - 5:30pm

Boys 7 on 7 Flag Football

Grades 6th - 9th

Replaces Sub-Varsity and Middle School tackle Football for this school year

Location: TBD

Must have all paperwork completed to participate in optional workouts and tryouts

- Open to Grades 6th - 9th Only (multiple teams if numbers allow)
- This would replace JV and MS tackle Football for the 2020-2021 school year due to COVID-19 restrictions
- First official practice date: Week of September 21st
- 9th Grade students will have the opportunity to play both 7 on 7 Flag Football and Varsity Football
- Email WillCohen@thefirstacademy.org if interested in more information or to sign up